



## Principal's Message

**“Community is about doing something together that makes belonging matter”. ~Brian Solis**

On behalf of the staff and management of Jain Heritage School, Whitefield, I welcome you all to the Academic year 2022-2023. We are really lucky to have wonderful children and their parents who will be alongside us and we are eagerly looking for their wholehearted support in all our endeavours.

As the Principal of the school, I feel honoured and privileged to be part of an educational institution where every stakeholder is a learner and every day is an opportunity to learn and discover. We look at ourselves as a community of learners, where everyone learns including our teachers, parents & staff.

Our staff fruitfully employ two diverse strategies that are of Love and Logic to foster a positive learning environment for all our students. Love and Logic may seem like two contrasting forces. While love helps nurture trusting relationships, where students feel respected, appreciated and loved by the teachers, logic helps develop in students' personal responsibilities, self-control, good decision-making skills self-confidence, and character building with high moral values.

Your child's learning involves and revolves around an effective partnership between home & school. We know the stronger the partnership is the more our child will benefit.

## Primary Coordinator's Message

**Dear Parents,**

Dear parents and students, my greetings to all of you. I feel extremely blessed to be part of an institution which is committed to nurturing the future generation of our country. Our young children are the very core of our school and their vibrancy and vigour invigorate our school and infuses new energy and enthusiasm in all our activities, each day. Even after a gap of two years, our children have shown great resilience and adaptability. Our heart swells with pride on their achieving so much in such a short space of time. It is our pleasure to give you a view of our daily life in school. We will be sharing more of these golden moments in the months to come.

## Students Learning outcome

- Personal Health and Safety Skills
- Social and Emotional Development
- Language Development and Communication Skills
- Approaches to Learning

## Outdoor Activities

### Yoga Day celebration

“Yoga is India's gift to humanity and the world and it is a holistic approach to health and well-being, balancing mind, body and soul.” The theme of this year's Yoga Day celebrations was 'Yoga for Humanity'. The International Day of Yoga is celebrated all over the world on June 21st. This idea was proposed by our Honourable Prime Minister, Shri. Narendra Modi. He said, “Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well-being.”

As being the first event of the school, 8th International Yoga Day was celebrated at Jain Heritage School, Whitefield with great enthusiasm by the students and teachers under the guidance of our yoga teacher. Students from grade I to grade V performed Surya namaskar and various asanas. Warm up exercises were done and all the students performed sitting and standing asanas, importance of these were explained simultaneously. The celebration concluded with the speech by our Principal ma'am. She encouraged students and teachers to practice regular yoga to remain fit and improve concentration. Regular practice of yoga will surely help our students achieve a better life, physically, mentally and spiritually as well.



## Indoor Activities

### Grade 1

#### Circle Time

circle time help children build their social skills and know each other. During circle time, the teacher sees to it that each child is given the opportunity to be involved. Children are seated in a circle either on their chairs or the floor. Most of the time, an object is passed around the circle to show whose turn it is to speak.

### Grade 2

#### English Activity

##### Articles a, an, the

Do you know why articles in language are important for kids? They are tools that a child can learn and make use of to make their ideas more specific. Articles are a part of basic English grammar. They are words that come before a noun and to make this concept more crystal clear, grade 2 kids did an activity on articles in the classroom.

#### Making Kannada fun-learning

Students will be learning how to write the Kannada sentence through word games, and word puzzles. Kids learn and understand better when they learn it practically and things are presented visually. Materials like videos to increase kid's retention of information are used.

### Grade 3

#### English Activity

##### Creative poem writing

The idea for giving this activity was to encourage kids to exercise their creative minds and practice using their imaginations. As creative writing improves their ability to come up with alternatives. This broadens their thought processes, which can lead to success in many areas, including problem solving and analysis.

#### Maths Activity

##### Number representation through Abacus

Abacus learning is important for children especially in the early stage of childhood as it plays an instrumental role in moulding a fully functional brain and developing other cognitive skills immensely well. Abacus enhances the confidence in kids. & Sharpens their skills, and makes them Pro in mathematics.

### Grade 4

#### Flash Card Activity

Flash cards can really give students learning a whole new dimension by speeding things up for their own good. The portability of flash cards can also help the class to improve their entire learning efficiency on the whole. By taking cards everywhere, students were able to make productive use of their time and learn something new every day.

### Grade 5

#### Experiential Forest Learning Activities

Forests are one of the most common and important ecosystems on Earth. The trees help produce oxygen that all living things need, they provide homes for many animals, and they aid in keeping the air we breathe clean. This all was taught through hands-on learning with the fun activities for the students in the classroom

## Snapshots from june

